

Across the Meadow

Glenmeadow
Vol 13 Issue 2

24 Tabor Crossing

Longmeadow, MA 01106
February '10

A MONTHLY COMMUNICATION SOURCE FOR RESIDENTS

Resident Birthdays

Geraldine "Gerry" Harvey	05
Gladys Kierstein	08
Henry Kling	15
Elizabeth "Libby" Kibbe	18
Dr. Norman Epstein	19

It's a touchdown with Touchtown!

Alright, I know that's corny, but, it really is a fantastic new addition to our Glenmeadow home! Touchtown television monitors have been placed strategically at five different locations throughout the building. No more paper hanging on the walls, which makes the Green Committee very happy too!

Some of the information you see on the Glenmeadow TV channel (#918) will be broadcast as well as special events, announcements, and your daily sheets. New residents and birthdays will be posted with pictures, up to the minute changes will appear as soon as information is available!

There will also be some pertinent news such as headlines, weather and other points of interest.

The five locations you will find the monitors at are:

Lower Level – New Lobby Entrance.

1st Floor – Main Lobby and by the Great Hall.

2nd Floor – Near the Freight Elevator.

Enjoy this wonderful new technology we are bringing to you through Touchtown. As always you will still receive your paper calendar and newsletter each month for quick reference in your apartment.

***The screen will be referred to as TV+**

Dear Fellow Residents:

Alzheimers is a terrible disease.

The Alzheimers Association has asked us for some monetary assistance to help further research necessary to conquer this terrible wasting disease. Our Association will monitor a booth in the **Main Lobby** to accept donations on **Monday through Wednesday, February 1st – 3rd from 12 noon to 2:00pm.** Any amount will be gratefully accepted and sent to the charity in February. When you drop off your donation you will get a TAX CREDIT receipt.

May God bless you and thanks for your help and cooperation.

Glenmeadow Residents Association
Paul Bloom, President

Pitch players?

We have a resident interested in playing the card game "Pitch". If you are interested in the game and would like to play, please let Laura know and we can get you all together!

Regularly Scheduled Monthly Transportation February

MONDAYS

Walgreens & East Longmeadow Shops – Stop & Shop, Dollar Tree, Big Y, TDBanknorth and more.
Depart: 9:30am – Main Lobby

TUESDAYS

Longmeadow Shops
Big Y, CVS, Banks & Post Office
Depart: 9:30am – Main Lobby

FRIDAYS

Longmeadow Shops
Big Y, CVS, Banks & Post Office
Depart: 1:00pm – Main Lobby

TUESDAYS

February 9 and 23
Storrs Library - Depart: 11:00am

ALL WEEKENDS

Transportation to area religious services available from the Main Lobby between the hours of 9:00am and noon.

***Please sign up in the trip book.**

JEWELRY DONATIONS

The Glenmeadow Store is looking for your gently used jewelry you may be thinking about getting rid of. There is now a jewelry case in the store and those items acquired will be displayed in the case.

Once again, all proceeds will go toward the Piano in the Great Hall.

GLENMEADOW FOLLIES 2010

Save the Date!

Our 9th Annual Glenmeadow Follies will be in the Great Hall on Thursday, March 18th at 2:00pm and Friday, March 19th at 10:00am and 2:00pm. Tickets will be given out the week before in the Main Lobby. Please remember that tickets are for residents ONLY. If, after all residents have gotten their tickets, there are some left you can request one for a family member.

**Traveling Out
February**

Just a reminder that trips may be cancelled if there are not a minimum of 7 residents going.

SHOWCASE CINEMAS

**Avatar – Time approximate
When available will put time on TV+
Wednesday, February 3
Depart: 12:45pm**

DEPART HD MET OPERA

Simon Boccanegra
**Saturday, February 6
Depart: 11:30am**

WHOLE FOODS

**Wednesday, February 10
Depart: 1:30pm**

BARNES AND NOBLE

**Wednesday, February 17
Depart: 1:30pm**

MAINE FISH MARKET

**Wednesday, February 24
Depart: 11:30am**

**Glenmeadow
Community Events
February**

GREEN COMMITTEE

**Tuesday, February 2
Time: 11:00am
2nd Floor Resident Meeting Room**

CARD MAKING W/LAURA

**Friday, February 5
Time: 2:30pm
2nd Floor Recreation Room**

**SAUL FINESTONE
DISCUSSION GROUP**

**Monday, February 8
Time: 7:15pm
Chapin Lounge**

**GUY McLAIN – OPERA
LECTURE - PAGLIACCI**

**Friday, February 12
Time: 2:00pm
Great Hall**

LEFT BANK SWING BAND

**Sunday, February 14
Time: 2:00pm
Great Hall**

**JOHN FITZGERALD
DISCUSSION GROUP**

Monday, February 15

Time: 7:15pm

Chapin Lounge

JEWELRY CLASS

Tuesday, February 16

Time: 1:30pm

COMMON ROOM

FOOD COMMITTEE MTG.

Thursday, February 18

Time: 11:00am

2nd Floor Resident Meeting Room

ENT. TOM CARROLL

Guitar and vocals

Friday, February 19

Time: 3:00pm

Great Hall

**RESIDENT COUNCIL
MEETING**

Monday, February 22

Time: 4:00pm

2nd Floor Resident Meeting Room

COCKTAILS W/TIM

Wednesday, February 24

Time: 4:30pm

Chapin Lounge

LOUIS & CLARK

Prescription Check-up

Thursday, February 25

Time: 2:00 to 4:00pm

Southworth Dining Room

ENTERTAINER

LAURIE FESTA

Soprano vocals w/guitar

Friday, February 26

Time: 4:00pm

Great Hall

**Monthly Programs
February**

MONDAYS

☞ Glee Club/Chapin at 3:00pm

TUESDAYS

☞ Scrabble/Lombard at 1:30pm

☞ Music Hour/ Chapin at 7:30pm.

THURSDAYS

☞ Rosary/Quiet Room - 10am

☞ Yiddish Club -10:45am (4th & 18th)

☞ Knitting & Needles w/Linda - 1pm

☞ Bible Study/2nd Fl. Rec. Rm. -2pm

☞ Bingo/Harris - 7:15pm

SATURDAYS

☞ Gather for Games/Café

Extension

at 3:00pm

**Wellness Schedule
February**

BRAIN FITNESS

We have begun our next session of Brain Fitness. Let Laura know if you would like to be a part of the next session in the Spring.

MONDAYS

- ☞ 9:00 & 10:00am – Group Exercise
Common Room
- ☞ 11:00am - Aquacise – Pool
- ☞ 11:00am – Movin’ & Groovin’
Great Hall
- ☞ 1:00pm – Tai Chi w/George
Great Hall

TUESDAYS

- ☞ 10:00am - Line Dancing
with Russ, Common Room
Spectators are welcome!!!
- ☞ 1:00pm-Personal Training
- ☞ 2:45pm - Modified Strength
Training – GH or KP – ck. dailys

WEDNESDAYS

- ☞ 9:00am - Group Exercise
Great Hall
- 10:15am – Flexibility and Stretching
Great Hall

(February 3 & 17))
11:00am – Pool Walking/Sup. swim
(February 3 & 17))

THURSDAYS

- ☞ 1:00pm – Personal Training
- ☞ 2:45pm Modified Strength
Training – GH or KP – ck. dailys

FRIDAYS

- ☞ 9:00 & 10am – Group Exercise
Common Room
- ☞ 11:00am – Aquacise – Pool

SATURDAYS

- ☞ 11:00am - Stretch & Tone
Great Hall
- ☞ 1:15pm - Line Dancing
with Russ, Common Room.
Spectators are welcome!!!

WALKING CLUB/ JUICE BAR

We have had no comments on the idea of the Walking Club/Juice Bar. Please let Laura know if this idea interests you.

**Dining Services
February**

THE CAFÉ IS NOW OPEN SEVEN
DAYS A WEEK

FOR COFFEE & TEA FROM
2:30 TO 4:00PM.

If you wish to order a to-go meal to take with you to the Opera series please order it the evening before.

Dining Room Dress Code

Residents should dress appropriately for dinner. Please no shorts or hats – except for religious or medical reasons. Residents should inform their guests to dress in an appropriate manner whenever possible.

Thank you!

The Resident Council.

SPECIAL DINING EVENTS:

Sunday, February 14
Valentine's Day
Dinner

5:00pm – 1st Seating
6:30pm – 2nd Seating



Sunday, February 28

Brunch
12:00noon – 1st Seating

1:30pm – 2nd Seating

Saturday At the Movies

Saturday movies are generally played at 3:00pm in the Great Hall and repeated at 7:30pm in the Common Room.

We will have a special movie viewing in March with our Assistive Listening Devices. Jay from Theater Extreme will be on hand to answer any questions and make sure everyone knows how to use these devices.

SATURDAY, February 6

Gran Torino - R

Curmudgeonly Korean War veteran Walt Kowalski (Clint Eastwood, who also directs) must confront his Hmong immigrant neighbors -- and his own long-held prejudices -- when the family's teenage son, Thao (Bee Vang), tries to steal Walt's beloved 1972 Gran Torino. Walt soon assumes the unlikely role of guardian angel to young Thao and his sister Sue (Ahney Her), both of whom are vulnerable to local gang influences. – CC

SATURDAY, February 13

The Proposal – PG13

When she learns that she's in danger of losing her visa status and being deported back to her native Canada, overbearing book editor Margaret Tate (Sandra Bullock) forces her put-upon assistant,

Andrew Paxton, to marry her. This romantic comedy also stars Betty White as the outspoken Grandma Annie. - CC

SATURDAY, February 20

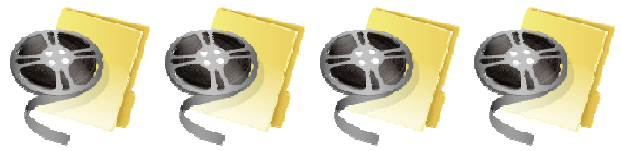
Duplicity – PG13

Julia Roberts and Clive Owen co-star in this curveball-throwing thriller as a pair of romantically involved corporate operatives who are entangled in a bitter rivalry between two mammoth pharmaceutical companies. Paul Giamatti and Tom Wilkinson convincingly round out the heavyweight cast as warring big pharma CEOs in this intriguing espionage effort from writer-director Tony Gilroy (Michael Clayton). – CC

SATURDAY, February 27

Is Anybody There? – PG13

Growing up in a seaside nursing home run by his parents takes its toll on 10-year-old Edward (Bill Milner), but things begin to look up for the lonely boy when a retired magician (Michael Caine) with a zest for life moves in. Set in the 1980s, this poignant tale follows the developing friendship between Clarence -- a spirited old troublemaker hiding from his past -- and death-obsessed Edward, a youngster unable to live life in the moment. - CC



Classic Movies

Wednesday, February 3

7:30pm in the CHAPIN LOUNGE

Paul's Opera

Friday, February 5

6:30pm in the Great Hall

Sink the Bismark

7:30pm in the Common Room

Goodnight Mr. Tom

Sunday, February 7

2:30pm in the Great Hall and

7:30pm in the Common Room

Broadway's Lost Treasures

Wednesday, February 10

7:30pm in the CHAPIN LOUNGE

Paul's Opera

Friday, February 12

6:30pm in the Great Hall

McLintock

7:30pm in the Common Room

The Derby Stallion- CC

Sunday, February 14

7:30pm in the Common Room

Broadway's Lost Treasures II

Wednesday, February 17

7:30pm in the CHAPIN LOUNGE

Paul's Opera

Friday, February 19
6:30pm in the Great Hall
Robin Hood

7:30pm in the Common Room
The Best Years of our Lives- CC

Sunday, February 21
2:30pm in the Great Hall and
7:30pm in the Common Room
Witness - CC

Wednesday, February 24
7:30pm in the CHAPIN LOUNGE
Paul's Opera

Friday, February 26
6:30pm in the Great Hall
Driving Miss Daisy

7:30pm in the Common Room
Papillon- CC

Sunday, February 28
2:30pm in the Great Hall and
7:30pm in the Common Room
Flicka - CC

**Special News &
Resident Reminders
February**

Please remember that we have gotten a large amount of new **LARGE PRINT** and **AUDIO** books in the Library.

VOLUNTEER EFFORTS

Thank you to all who knitted, crocheted and tied blankets for Baystate Medical Center patients!

Check out the Trip Book and bulletin board in the office area regularly to see if there are any trips you may want to sign up for. Also, remember that if you have a special show or event you want to go to, write it down in the book and start TALKING IT UP! Get at least seven by the week before the event and we will provide transportation for you!

Upcoming in March

March is looking great! We have Kevin Farley coming back to play some Irish music for us, and Dave Collucci who was a big hit at his first visit with us.

The ever popular Jimmy Mazz will be back, and a trip to Mohegan Sun is in the works!

We will have lunch at the Munich House and Linda Kenniston will give another talk on Nutrition.

Last, but certainly not least, as mentioned above it's FOLLIES time!

OUR PASSOVER SEDER WILL BE ON MARCH 29TH. A SIGN UP SHEET WILL BE AT THE

CONCIERGE IN A COUPLE OF WEEKS. YOU MUST SIGN UP BY MARCH 8TH.

**UP TO THE MINUTE
FAST BREAKING
NEWS!**

We are happy to announce that PeoplesBank has agreed to come in to Glenmeadow!

More information will be given as it becomes available, but for now we know that they will be coming and up and running in approximately two months!

**CONCIERGE
CORNER**

WINTER IS HERE!!!!

Doctor appointments

- Keep in mind that if it is snowing, things move slower out on the roads.
- It would be helpful if you called to see if the Doctor's office is open ahead of time.
- Come down a few minutes early for your departure.

- Decide if this appointment is worth the slippery sidewalks and roads or if it can be rescheduled.
- We will always do our best to get you where you need to be.

Banking

- Our drivers are happy to take you to the local banks
- Monday - East Longmeadow Stores at 9:30, there is a Bank North, Citizens Bank and Bank of America.
- Tuesday – Longmeadow Shops at 9:30, there is a BankNorth, Bank of America, PeoplesBank, and United Bank.
- Friday – Longmeadow Shops at 1:00, there is a BankNorth, Bank of America, PeoplesBank and United Bank.

Shredding

- It is a good time to clean out those papers! The concierge will be happy to help you do small amounts of shredding on the weekends.



**Happy Valentine's
Day!**



<p>Chronological Listing of Special Events February</p>
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February 1 Rabbi Katz

February 2 Green Committee

February 3 Showcase Cinemas

February 4 Yiddish Club

February 5 Card Making

February 6 HD Met Opera

February 8 Rabbi Katz

Saul Finestone

February 10 Whole Foods

February 11 Heritage Visit

February 12 Guy McLain

February 14 Left Bank Swing

**Valentine's Day
 Dinner**

February 15 Rabbi Katz

John Fitzgerald

February 16 Jewelry Class

February 17 Barnes & Noble

February 18 Yiddish Club

Food Committee

February 19 Ent. Tom Carroll

February 22 Rabbi Katz

**Resident Council
 Meeting**

Trivia w/Laura

**February 24 Maine Fish
 Market**

Cocktails w/Tim

**February 25 Louis & Clark
 Brown Bag**

February 26 Ent. Laurie Festa

