



# Across the Meadow

A Monthly Communication Source for Residents

AUGUST 2011

## Happy Birthday to you...

Edith "Beryl" Cloues	01	Evelyn Kittredge	23
Sid Borowsky	07	Marge Morris	23
Murray Federman	15	Shirley Akerman	24
Dorothy Longo	15	Catherine "Kay" Bagwell	26
Selma Lesnow	20		

### SPECIAL POINTS OF INTEREST:

- ◆ New Resident Tea
- ◆ Patrick Tobin comes
- ◆ Laura's band "Cubed" is coming back with a special guest...
- ◆ Rabbi Shapiro
- ◆ School Supplies

Please welcome our newest resident:

*Carolyn Popham*

### GLENMEADOW STORE REQUESTS:

The Glenmeadow Store is still looking for your gently used jewelry you may not use anymore. Also, small clutch purses have become a hot commodity, so if you have any of those to donate that would be appreciated as well!

**STORE HOURS:**  
Monday & Thursday  
10:00am to noon

## Kudos to two of our own!

June and July brought some wonderful recognition to two of our very own residents. Pat Reach was honored at the Fourteenth Annual Garden Tea in Stanley Park, and Russ Hoekstra was part of a PBS show about his long history in Longmeadow! There is a DVD of Russ' unedited interview which we will be showing in the Chapin Lounge on Monday, August 22nd at 7:30pm.

## Laura's band "Cubed"

Laura's trio band "Cubed" will be back for the first time in over a year, and they have a special guest for your enjoyment!

David Leslie's 12 year old son, Chris, is a fabulous sax player, and we have invited him to join us for three songs! Chris actually has a video up on youtube playing with the folks at the Community Music School already! He's sensational, and the band looks forward to having this young man with them on August 28th out on the Terrace at 3:00pm.

Root beer floats will be available to enjoy the late summer afternoon!

# Back to School Community Project...

Well! Within three days of putting up the apples for our “Pack their Bags” on our “Giving Chalkboard”, they were all gone! It’s wonderful to see so many residents and staff taking part in this effort! We will be giving the school supplies out on Friday, August 5th in the Café at 3:00pm. Join us if you’d like!

## Traveling Out...

### **TRADER JOE’S**

Wednesday, August 3—1:30pm

### **TANGLEWOOD**

Saturday, August 6—9:00am

### **HOLYOKE MALL**

Wednesday, August 10—10:30am

### **YIDDISH BOOK CENTER**

Wednesday, August 17—1:30pm

### **MAINE FISH MARKET**

Wednesday, August 24—11:30am

### **TANGLEWOOD**

Saturday, August 27—9:00am

### **MARSHALLS**

Wednesday, August 31—1:30pm

## Regular Transportation...

### **MONDAYS**

Walgreens and  
East Longmeadow Stores  
Depart: 9:30am – Main Lobby

### **TUESDAYS**

Longmeadow Shops  
Big Y, CVS, Banks & Post Office  
Depart: 9:30am – Main Lobby

### **TUESDAYS**

August 9 and 23  
Storrs Library - Depart: 11:00am

### **FRIDAYS**

Longmeadow Shops  
Big Y, CVS, Banks & Post Office  
Depart: 1:00pm – Main Lobby

### **ALL SUNDAYS**

Transportation to area worship services  
available from the Main Lobby between  
the hours of 9:00am and noon.  
\*Please sign up in the trip book.

# Weekly Wellness Programs...

## MONDAYS

9:00am – Group Exercise/CR  
10:00am – Group Exercise/GH  
11:00am - Aquacise – Pool  
1:00pm—Tai Chi /GH

## TUESDAYS

10:00am - Line Dancing  
with Russ/CR  
1:00pm-Personal Training  
2:45pm - Modified Strength Training  
– GH or KP

## WEDNESDAYS

9:00am - Group Exercise/GH  
10:00am – Walk and Stretch/GH  
(Except the 1<sup>st</sup> week of month)

11:00am – Wellness Talk  
(1<sup>st</sup> week of each month)

11:00am – Pool Walking/Sup. Swim  
(Except 1<sup>st</sup> week )

## THURSDAYS

1:00pm – Personal Training  
2:45pm— Modified Strength  
Training – GH or KP

## FRIDAYS

9:00am – Group Exercise/CR  
10:00am – Group Exercise/GH  
11:00am – Aquacise – Pool

## SATURDAYS

11:00am - Stretch & Tone/GH  
1:15pm - Line Dancing  
with Russ/CR

## Regularly Scheduled Events ~

### MONDAYS

Glee Club/Chapin at 3:00pm

### TUESDAYS

Scrabble/LR at 1:30pm  
Music Hour/ CL 7:30pm

### WEDNESDAYS

Knit & Needles – 11:00am

### THURSDAYS

Rosary/Quiet Room - 10am  
Bingo/Harris - 7:30pm

## Dining Information ~

Sunday, August 28

Brunch

1st Seating—12:00pm

2nd Seating—1:30pm

## Pink Picnics

Thursday, August 4 and 18

11:30am to 1:00pm

Donation of \$5.00 goes  
directly to Rays of Hope

## More Community Events:

### **YIDDISH COFFEE KLATCH/CL**

Fridays, August 12 and 26  
Time: 10:30am

### **GLEE CLUB MEETING/CL**

Monday, August 1  
Time: 3:00pm

### **COLLAGE ART W/LAURA/RR**

Tuesday, August 2 and 16th  
Time: 3:00pm

### **LIVING WITH LOSS/CL**

Tuesday, August 2  
Time: 2:00pm

### **RABBI SHAPIRO**

Kirkham Parlor and Great Hall  
Thursday, August 4/KP  
Thursday, August 11/GH  
Time: 11:00am

### **FINANCIAL REVIEW W/TIM AND DAVID/GH**

Thursday, August 4  
Time: 1:30pm

### **PITCH CARD GAME**

#### **Café Extension**

Thursday, August 4  
Time: 2:00pm

### **TRIVIA WITH BARBARA/CL**

Sunday, August 7  
Time: 4:00pm

### **SAUL FINESTONE/CL**

Monday, August 8  
Time: 7:30pm

### **PATRICK TOBIN/GH**

Friday, August 12  
Time: 3:00pm

### **MEMORIAL SERVICE/GH**

Monday, August 15  
Time: 2:30pm

### **JOHN FITZGERALD/CL**

Monday, August 15  
Time: 7:15pm

### **GIN RUMMY**

#### **Café Extension**

Thursday, August 18  
Time: 1:30pm

### **RESIDENT COUNCIL/RMR**

Monday, August 22  
Time: 4:00pm

### **LIVING HISTORY: RUSS/CL**

Monday, August 22  
Time: 7:30pm

### **DAVE ANDREWS/GH**

Friday, August 26  
Time: 3:00pm

### **CARD MAKING WITH LAURA**

2nd Floor Rec. Room  
Tuesday, August 30  
Time: 3:00pm

### **LAURA'S BAND "CUBED"**

#### **Featuring Chris Leslie/Terrace**

And Root beer floats!  
Sunday, August 28  
Time: 3:00pm

# Movie Times...

Fridays—Music/Biography/Documentary  
Saturdays—Newer Releases  
Sundays—Movie Classics

## Monday, 8/1

7:30pm—Chapin Lounge  
*Masterpiece Classic: Downton Abbey*

## Friday, 8/5

6:30pm—Kirkham Parlor  
*Don McLean*  
7:30pm—Common Room  
*The Century of Simon Wiesenthal*

## Saturday, 8/6

3:00pm—KP and 7:30pm—CR  
*Wall Street: Money Never Sleeps*

## Sunday, 8/7

2:30pm—KP and 7:30pm—CR  
*Judgment at Nuremberg*

## Friday, 8/12

6:30pm—Kirkham Parlor  
*The Story of Helen Keller*  
7:30pm—Common Room  
*Mahatma Ghandi*

## Saturday, 8/13

3:00pm—KP and 7:30pm—CR  
*The Fighter*

## Sunday, 8/14

2:30pm—KP and 7:30pm—CR  
*A Streetcar Named Desire*

## Friday, 8/19

6:30pm—Kirkham Parlor  
*Stonehenge*  
7:30pm—Common Room  
*In Concert Series: Rosemary Clooney*

## Saturday, 8/20

3:00pm—KP and 7:30pm—CR  
*The Switch*

## Sunday, 8/21

2:30pm—KP and 7:30pm—CR  
*The Grapes of Wrath*

## Friday, 8/26

6:30pm—Kirkham Parlor  
*That's Entertainment*  
7:30pm—Common Room  
*The Glenn Miller Story*

## Saturday, 8/27

3:00pm—KP and 7:30pm—CR  
*Defiance*

## Sunday, 8/28

1:00pm—KP and 7:30pm—CR  
*On the Waterfront*

## Chronological Listing of Events...

August 1	Glee Club Mtg.	August 15	Discussion w/John
August 2	Living with Loss	August 16	Collage Art w/Laura
	Collage Art w/Laura	August 17	Depart Yiddish Book Center
August 3	Depart Trader Joe's	August 18	Pink Picnic
August 4	Rabbi Shapiro		Gin Rummy
	Pink Picnic	August 22	Resident Council Mtg.
	Financial Review		Living History: Russ Hoekstra
	Pitch Card Game	August 24	Maine Fish Market
August 5	"Pack Their Bags" Pick up		Ice Cream Sundaes
August 6	Depart Tanglewood	August 25	New Resident Tea
August 7	Trivia with Barbara	August 26	Yiddish Coffee Klatch
August 8	Discussion w/Saul		Dave Andrews
August 10	Depart Holyoke Mall	August 27	Depart Tanglewood
August 11	Rabbi Shapiro	August 28	Laura's Band "Cubed"
August 12	Yiddish Coffee Klatch	August 29	Trivia w/Barbara
	Patrick Tobin	August 30	Card Making w/Laura
August 15	Memorial Service	August 31	Depart Marshalls