

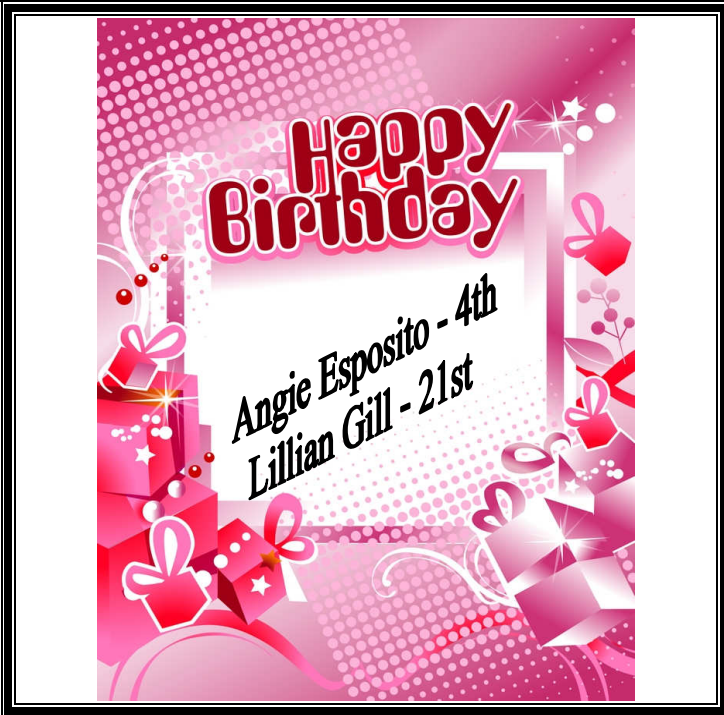
KNOLL NEWS...

Is Good News

Chestnut Knoll at Glenmeadow 24 Tabor Crossing Longmeadow, MA 01106

Vol. 13, Issue 2

February 2010



It's a touchdown with Touchtown!

Alright, I know that's corny, but, it really is a fantastic new addition to our Glenmeadow home! Touchtown television monitors have been placed strategically at five different locations throughout the building. No more paper hanging on the walls, which makes the Green Committee very happy too!

Some of the information you see on the Glenmeadow TV channel (#918) will be broadcast as well as special events, announcements, and your daily sheets. New residents and birthdays will be posted with pictures, up to the minute changes will appear as soon as information is available! There will also be some pertinent news such as headlines, weather and other points of interest. The five locations you will find the monitors at are:

Lower Level – New Lobby Entrance.

1st Floor – Main Lobby and by the Great Hall.

2nd Floor – Near the Freight Elevator.

Enjoy this wonderful new technology we are bringing to you through Touchtown. As always you will still receive your paper calendar and newsletter each month for quick reference in your apartment.

***The screen will be referred to as TV+**

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Dear Fellow Residents:

Alzheimers is a terrible disease.

The Alzheimers Association has asked us for some monetary assistance to help further research necessary to conquer this terrible wasting disease. Our Association will monitor a booth in the **Main Lobby** to accept donations on **Monday through Wednesday, February 1st – 3rd** from 12 noon to 2:00pm. Any amount will be gratefully accepted and sent to the charity in February. When you drop off your donation you will get a **TAX CREDIT** receipt.

May God bless you and thanks for your help and cooperation.

Glenmeadow Residents
Association
Paul Bloom, President

JEWELRY DONATIONS

The Glenmeadow Store is looking for your gently used jewelry you may be thinking about getting rid of. There is now a jewelry case in the store and those items acquired will be displayed in the case. Once again, all proceeds will go toward the Piano in the Great Hall.

GLENMEADOW FOLLIES 2010

Our 9th Annual Glenmeadow Follies will be in the Great Hall on Thursday, March 18th at 2:00pm and Friday, March 19th at 10:00am and 2:00pm. Tickets will be given out the week before in the Main Lobby. Please remember that tickets are for residents **ONLY**. If, after all residents have gotten their tickets, there are some left you can request one for a family member.

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Just a Reminder that we have Large Print books to lend in the Quiet Room library. There is also a large variety of large print and audio books in the Main Library on the first floor.

**GLENMEADOW STORE
HOURS 10am to 12pm**

***MONDAYS AND THURSDAYS**

Upcoming Events:

Out on the Town:

Errands:

ALL RESIDENTS must sign up at the concierge or in the trip book for any of the errands. Please remember this especially if you have a scooter or wheelchair.

Mondays:

Bus to East Longmeadow Stores.

ALU Entrance: 9:20am

Main Lobby: 9:30am

Tuesdays:

Bus to Longmeadow Shops

ALU entrance: 9:20am

Main Lobby: 9:30am

Storr's Library:

Tuesday, February 9 & 23

11:00am – Main Lobby

Rides:

Sundays

1:30pm – ALU Entrance

Transportation to Area

Churches:

All Sundays at 9:15 am from the Main Lobby. Please sign up in the Trip Book at the Concierge.

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Ocean State Job Lot

Wednesday, February 3

Depart: 1:15pm

ALU Entrance

Bed Bath and Beyond

Wednesday, February 10

Depart: 1:15pm

ALU Entrance

Barnes and Noble

Wednesday, February 17

Depart: 1:30pm

Main Lobby Entrance

*Please sign up at the Concierge

Bertucci's

Wednesday, February 24

Depart: 11:30am

ALU Entrance

Around Our Community:

Glenmeadow Glee Club

Staff and Residents!

Join us for some great fun!

Mondays

Time: 3:00pm

Chapin Lounge

Yiddish Club

Thursday, February 4 & 18

Time: 10:45am

Chapin Lounge

Knitting and Needles

with Linda Edwards

Thursdays

Time: 1:00pm

Café Extension

Heritage Academy Kids Visit

Thursday, February 11

Time: 1:30pm

Great Hall

Guy McLain

Opera Lecture - PAGLIACCI

Friday, February 12

Time: 2:00pm

Great Hall

Left Bank Swing Band

Sunday, February 14

Time: 2:00pm

Great Hall

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Resident Council Mtg.

Friday, February 19

Time: 1:00pm
Kirkham Parlor

Entertainer Tom Carroll

Guitar and vocals
Friday, February 19
Time: 3:00pm
Great Hall

Jewelry Class

Monday, February 22
Time: 1:30pm
2nd Floor Rec. Room

Cocktails w/Tim

Monday, February 22
Time: 4:00pm
Great Hall

February Birthday Tea

Friday, February 26
Time: 12:45pm
Great Hall

Entertainer Laurie Festa

Friday, February 26

Time: 4:00pm

Great Hall

Wellness Programs:

Mondays:

Movin' & Groovin
Time: 11:00am
Great Hall

Tai Chi w/George

Time: 1:00pm
Great Hall

Tuesdays:

Personal Training
Time: 1:00pm
Fitness Room

Strength Training

Time: 2:45pm
Great Hall or Kirkham

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Wednesdays

Group Exercise

Time: 9:00am

Great Hall

Flexibility and Stretching

February 3 & 17

Time: 10:15am

Great Hall

Supervised Swim & Pool

Walk

February 3 & 17

Time: 11:00am

Pool

Wellness Talks w/Laurie

February 10 & 24

Time: 11:00am

Great Hall

Thursdays

Personal Training

Time: 1:00pm

Fitness Room Strength Training

Time: 2:45pm

Great Hall or Kirkham

Fridays:

Stretch & Tone

Time: 11:00am

Great Hall

Saturdays:

Stretch & Tone

Time: 11:00am

Great Hall

**YOU ASKED,
AND WE LISTENED:
THE CAFÉ IS NOW OPEN
SEVEN DAYS A WEEK
FOR COFFEE & TEA FROM
2:30 TO 4:30PM.**

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Saturday At the Movies

Saturday movies are generally played at 3:00pm in the Great Hall and repeated at 7:30pm in the Common Room.

We will have a special movie viewing in March with our Assistive Listening Devices. Jay from Theater Extreme will be on hand to answer any questions and make sure everyone knows how to use these devices.

SATURDAY, February 6 *Gran Torino - R*

Curmudgeonly Korean War veteran Walt Kowalski ([Clint Eastwood](#), who also directs) must confront his Hmong immigrant neighbors -- and his own long-held prejudices -- when the family's teenage son, Thao ([Bee Vang](#)), tries to steal Walt's beloved 1972 Gran Torino. Walt soon assumes the unlikely role of guardian angel to young Thao and his sister Sue

([Ahney Her](#)), both of whom are vulnerable to local gang influences. - CC

SATURDAY, February 13 *The Proposal - PG13*

When she learns that she's in danger of losing her visa status and being deported back to her native Canada, overbearing book editor Margaret Tate ([Sandra Bullock](#)) forces her put-upon assistant, Andrew Paxton, to marry her. This romantic comedy also stars [Betty White](#) as the outspoken Grandma Annie. - CC

SATURDAY, February 20 *Duplicity - PG13*

Julia Roberts and Clive Owen co-star in this curveball-throwing thriller as a pair of romantically involved corporate operatives who are entangled in a bitter rivalry between two mammoth pharmaceutical companies. Paul Giamatti and Tom Wilkinson convincingly round out the heavyweight cast as warring big

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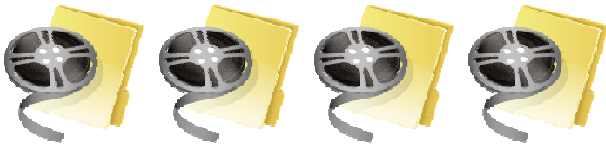
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pharma CEOs in this intriguing espionage effort from writer-director Tony Gilroy (Michael Clayton). – CC

SATURDAY, February 27 *Is Anybody There? – PG13*

Growing up in a seaside nursing home run by his parents takes its toll on 10-year-old Edward (Bill Milner), but things begin to look up for the lonely boy when a retired magician (Michael Caine) with a zest for life moves in. Set in the 1980s, this poignant tale follows the developing friendship between Clarence -- a spirited old troublemaker hiding from his past - and death-obsessed Edward, a youngster unable to live life in the moment. - CC



Classic Movies

Wednesday, February 3
7:30pm in the CHAPIN LOUNGE
Paul's Opera

Friday, February 5
6:30pm in the Great Hall
Sink the Bismark

Sunday, February 7

2:30pm in the Great Hall and
7:30pm in the Common Room
Broadway's Lost Treasures

Wednesday, February 10
7:30pm in the CHAPIN LOUNGE
Paul's Opera

Friday, February 12
6:30pm in the Great Hall
McLintock

Sunday, February 14
7:30pm in the Common Room
Broadway's Lost Treasures II

Wednesday, February 17
7:30pm in the CHAPIN LOUNGE
Paul's Opera

Friday, February 19
6:30pm in the Great Hall
Robin Hood

Sunday, February 21
2:30pm in the Great Hall and
7:30pm in the Common Room
Witness - CC

Wednesday, February 24
7:30pm in the CHAPIN LOUNGE
Paul's Opera

Friday, February 26
6:30pm in the Great Hall
Driving Miss Daisy

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Sunday, February 28
2:30pm in the Great Hall and
7:30pm in the Common Room
Flicka - CC

Special News & Resident Reminders February

**OUR PASSOVER SEDER
WILL BE ON MARCH 29TH. A
SIGN UP SHEET WILL BE AT
THE CONCIERGE IN A
COUPLE OF WEEKS. YOU
MUST SIGN UP BY MARCH
8TH.**

UP TO THE MINUTE FAST BREAKING NEWS!

**We are happy to
announce that PeoplesBank
has agreed to come in to
Glenmeadow!**

**More information will be
given as it becomes available,
but for now we know that they
will be coming and up and
running in approximately two
months!**

BROWN BAG CHECK UP LOUIS AND CLARK

Louis and Clark pharmacy will be here once again on February 25 in the Southworth Dining Room to offer their assistance reviewing your current prescription drugs. Please bring with you all prescription and over the counter medications, including vitamins and herbal supplements you may take. There is a sign up sheet at the Concierge to schedule a meeting with a pharmacist for 15 minutes each.



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**Happy Valentine's
Day!**

CONCIERGE CORNER

WINTER IS HERE!!!!

Doctor appointments:

- Keep in mind that if it is snowing, things move slower out on the roads.
- It would be helpful if you called to see if the Doctor's office is open ahead of time.
- Come down a few minutes early for your departure.
- Decide if this appointment is worth the slippery sidewalks and roads or if it can be rescheduled.

- We will always do our best to get you where you need to be.

Banking

- Our drivers are happy to take you to the local banks
- Monday - East Longmeadow Stores at 9:30, there is a Bank North, Citizens Bank and Bank of America.
- Tuesday – Longmeadow Shops at 9:30, there is a BankNorth, Bank of America, PeoplesBank, and United Bank.
- Friday – Longmeadow Shops at 1:00, there is a BankNorth, Bank of America, PeoplesBank and United Bank.

Shredding

- It is a good time to clean out those papers! The

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concierge will be happy to
help you do small amounts
of shredding on the
weekends.